



Certificate of Attendance

This certificate certifies that the individual named below has successfully completed participation in this program and is hereby awarded the contact hours/CEU's stated herein

Program Name: A Thousand Nicks Add Up: Ethical Considerations in Addressing & Preventing Microaggressions in Social Work Practice

Presenter(s): Crystal Rozelle-Bennett, LMSW

Program Date(s):

Instruction Method: Self-Study

Total Contact Hours/CEUs Awarded: 3.0 CEs

PARTICIPANT:

PROVIDER: National Association of Social Workers– New York State

Chapter 188 Washington Ave., Albany, NY 12210

NASW New York State Chapter is recognized by the New York State Education Department's State Board for Social Work as an approved provider of Continuing Education for licensed social workers. **Provider ID#0014**



Event Information

A Thousand Nicks Add Up: Ethical Considerations in Addressing & Preventing Microaggressions in Social Work Practice
Self-Study – available only to NASW-NYS/PEF Members

Event Fee(s) \$ 0.00 NASW-NYS Member/PEF **Total Amount** \$ 0.00

Workshop Description

Microaggressions are an extremely common experience amongst minority individuals today; therefore, to practice ethically, it is essential that mental health clinicians obtain the knowledge, skills, and ability to both help clients navigate such experiences and prevent further harm by avoiding inadvertent microaggressions in therapy practice. “The American Psychological Association (2003) stresses the importance of being aware of oneself as a racial and cultural being, as well as being aware of the cultural worldviews of one’s clients” (Williams, Shamp & Harris, 2017).” Unfortunately, social workers and mental health professionals may sometimes engage in the reinforcement of stereotypes, discrimination, and perpetration of microaggressions which tend to run contrary to these professional recommendations (Sue et al., 2007). This interactive workshop will take a deep dive into defining and exploring examples of microaggressions and the impact of microaggressions on individual well-being. Through the use of video clips, discussion and reflective activities, participants will be encouraged to explore their own cultural worldview, engage in the practice of cultural humility, and learn strategies to mitigate the perpetration of microaggressions, toward assisting clients in healing from the daily experience of microaggressions.

Learning Objectives

After the completion of this webinar, participants will be able to:

1. Define and describe the connection between implicit bias, stereotyping, and microaggressions
2. Identify at least two examples of how microaggressions show up in the therapeutic relationship
3. Explain the impact microaggressions may have on the receiver of such attacks.
4. Describe ways to apply strategies to practice cultural humility and mitigate harm in the therapeutic relationship.

This workshop is approved for 3.0 continuing education credit hours.