

# NASW-NYS Nassau/Suffolk County Monthly Division Meeting and (Steering Committee) Agenda & Minutes (Steering Committee)

**Date: February (Wednesday 2/15/23 7- 8pm) 2023**

- Introductions: Participants/new members since last month's meeting
- Review of last month's meeting (Our mission/goals) - nothing has been changed
- **Nassau Division** (Kari)
- (Chuck) NASW NYS Events: Capitol Action Day
- **Suffolk Division** (Chuck)
- Ending the meeting with a reminder of monthly meetings and the agenda for each, minutes listed on the website

## **Attendance:** (9)

Kari Tabag (Nassau Director) & Charles Briscoe (Suffolk Director)

Steering Committee Members: Orval Jewett (Nassau), Bushra Husain (Nassau), Kimberly Garrett (Nassau), Seeta Ramprasad (Nassau)

Participants: Stephanie Reid (Nassau), Germaine Ruffin (Suffolk), Suzanne Velasquez (Suffolk)

## **Minutes:**

- **Nassau Division** (Kari) Future events: Kari and Orval discussed the event Nassau division is sponsoring with NCC; all steering committee members asked to share/post the information (will discuss examples and ideas). All agreed that we really need to spread the word.
- **Suffolk Division** (Chuck): Capital Action Day report; How to increase Division/ NASW membership in Suffolk County, Developing communication with local Social Work schools (including St. Joseph's)
- **Check ins:** Germaine discussed increased burnout of social workers and supporting social workers; Kimberly discussed her passion for working with students and how we are hearing about social workers burnt out and leaving the profession = shortage and so people are leaving and where they are going and how do we retain them?; Orval discussed how we can offer CEUs at colleges and in person as it is better for facilitating networking, he also discussed hosting a retreat (Kimberly says it's a great idea) by using a religious center; Seeta discussed how we are being informed about being there for our clients, and so on but it is challenging to do so when we as social workers are going through the same without the full support and resources = highlighting self-care; Bushra discussed that she too is feeling overwhelmed and burnt out and how it's hard for her to find social workers to work in her agency and even social work graduates are not looking to work at agencies. She also discussed high turnover rates. Bushra also discussed the poor ASWB exam pass rate and imposter syndrome; Suzanne spoke of feeling saddened for the social work..
- For next meeting: Continue discussing how we can support social workers on LI