This evening’s presentation was provided by Lisa Wholley, Social Worker with Lifespan of Greater Rochester Inc. Lisa presented on PEARLS which stands for Program to Encourage Active Rewarding Lives, created by the University of Washington. The program was designed for older adults who have no cognitive issues, suffering from depression. More information on this evidence-based program and how you can become certified can be found at Program to Encourage Active, Rewarding Lives (PEARLS) | Health Promotion Research Center (washington.edu) and PEARLS | Tools | Resources | PRC | CDC.