

"This is what matters": Planning and Choice at the End of Life

2015 NASW-NY Conference

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Personal Inventory

What messages did you receive about death and dying growing up in your family, community or faith tradition?

How did this shape your beliefs about death and dying?

What experiences have you had with family, friends or clients who became seriously ill or injured?

What did you learn from those experiences?

Finish the following statement:

When I think about my own death ...

Professional Inventory

What is the culture of your workplace or institution around death and dying?

How does this impact your work with clients?

What experiences have you had with clients and families of clients who have died?

What did you learn from those experiences?

What have you learned from the personal inventory exercise that may impact or influence your interactions with dying clients or their families?

What are some obstacles to leaning into conversations about death and dying with clients and honoring "the right of the individual to determine the level of his or her care?"

How might these obstacles be addressed?